

CURRICULUM VITAE
ERIN SHOCKEY, PH.D.

BUSINESS ADDRESS The Psychological Health Collaborative, PLLC
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EDUCATION

2008 Ph.D. St. John’s University, NY (Clinical Psychology, APA Accredited)
Specialization: Child Psychology

2006 M.A. St. John’s University, NY (Psychology)

2000 B.A. Georgetown University (Psychology & Spanish, *Magna Cum Laude*)

PROFESSIONAL AFFILIATIONS

Association for Contextual and Behavioral Science
International OCD Foundation
Tourette Association of America
National Register of Health Service Psychologists

PROFESSIONAL LICENSURE

2015 – present New York State, Licensed Psychologist (#021398)
2021 – present Registered Florida Telehealth Provider (TPPY1033)

ACADEMIC AND PROFESSIONAL HONORS

2002 University Doctoral Fellowship, St. John’s University
2000 The Sebastian Brennikmeijer Medal in Psychology, Georgetown University
2000 Rhodes Scholar Candidate, Endorsed by Georgetown University
2000 Magna Cum Laude Graduate, Georgetown University
2000 Member of Phi Beta Kappa, Georgetown University
2000 Member of Psi Chi, The National Psychology Honor Society
2000 Member of Sigma Delta Pi, The National Hispanic Honor Society

CLINICAL EXPERIENCE

The Psychological Health Collaborative, NY (June 2013-Present)

Provide individual, family, and group cognitive-behavioral psychotherapy services to children, adolescents and young adults. Groups led include: Siblings Without Rivalry, Coping with Anxiety in Middle School, Launching to College.

Terry Children’s Psychiatric Center, DE APA Accredited Predoctoral Internship (2006-2007)

▲ Treatment team leader for patients on Day Program and Residential Treatment Center units. Provided weekly individual and family therapy, as well as case management services for children aged 7-14. Primary therapist for children and families in Intensive Outpatient Program, a community-based service that works extensively in homes and schools.

- ^ Conducted group therapy for children on residential and crisis units as well as parent education support group.
- ^ Provided psychological evaluations for children and adolescents, including cognitive, achievement, personality, and projective testing.

Long Island Jewish Medical Center, NY Ambulatory Services/DBT Program (2005-2006)

- ^ Conducted weekly individual and family therapy sessions for child outpatient population with diverse psychiatric diagnoses, often using Dialectical Behavior Therapy (DBT) as the primary treatment modality.
- ^ Co-led weekly DBT Skills Training Group for adolescents and their parents.

PARTNERS Project Therapist, NY (2005-2006)

- ^ Primary therapist in Preventing Adverse Reactions to Negative Events and Related Stressors (PARTNERS): A Cognitive Behavioral Intervention for Children Exposed to Physical Abuse.
- ^ Conducted weekly child and parent therapy sessions guided by treatment manual as part of a randomized, controlled clinical effectiveness research investigation by Dr. Elissa Brown at the St. John's Center for Psychological Services and Clinical Studies.

Queens Children's Psychiatric Center, NY (2004-2005)

- ^ Conducted individual child and family therapy sessions on boys inpatient unit. Responsible for all aspects of case management as well as communication and treatment planning with multidisciplinary team of professionals at a large state psychiatric facility.
- ^ Co-led weekly insight-oriented group therapy sessions focusing on self-awareness and self-expression with pre-adolescent boys on inpatient unit.
- ^ Provided psychological evaluations (including cognitive and projective testing) for boys on the inpatient unit and children aged 6 to 18 in a day treatment program.

St. John's Center for Psychological Services and Clinical Studies, NY (2002-2006)

- ^ Conducted individual child therapy sessions and family therapy sessions for diverse outpatient population. Training in both psychodynamic and cognitive-behavioral approaches with use of *in vivo* supervision as well as audiotape and videotape review.
- ^ Provided structured intake interviews and comprehensive assessments (including cognitive and projective testing) for child outpatient population.

Bereavement Group Therapy Leader, Queens, NY (January – March 2005)

- ^ Led 2 weekly group therapy sessions for 5th grade students who had experienced loss of a classmate. Group focused on feelings surrounding loss and death, positive memories of the deceased, and identification of skills to cope with emotions associated with loss.

Columbia-Presbyterian Hospital, Disruptive Behavior Disorders Clinic (Oct 2001–Jan 2002)

- ^ Taught cognitive-behavioral strategies for communication, problem-solving, anger management, social skills, and appropriate school behavior to children aged 5 to 10 with diagnosed disruptive behavior disorders using The Incredible Years program by Carolyn Webster-Stratton, Ph.D.

New York State Psychiatric Institute, Child and Adolescent Psychiatry (Dec 2001 – Feb 2002)

- ^ Directed social skills training group for preschoolers in the *NIMH Preschool ADHD Treatment Study*. Helped children develop skills in listening, following instructions, sharing, and avoiding conflicts with use of behavioral management techniques of token economy and positive reinforcement.

The Children's Center, Salt Lake City, UT (May – August 1994 – 1999)

▲ Provided behavioral management for severely emotionally and behaviorally disturbed children aged 2 to 7 in a residential treatment center. Observed and reported behaviors used in clinical diagnoses and treatment planning. Participated in weekly staff supervision meetings.

SPECIALIZED CLINICAL TRAINING

Certification in Treatment of Pediatric OCD

Behavior Therapy Training Institute of the IOCDF (April 2023)

ACT for Pediatric OCD Supervision Group

Lisa Coyne Ph.D., McLean Hospital (October – December 2021)

Supportive Parenting for Anxious Childhood Emotions (SPACE) Training

Eli Lebowitz Ph.D., Yale Child Study Center (March 2023)

Tourette's Syndrome: Comprehensive Behavioral Intervention for Tics (CBIT) Training

Douglas Woods Ph.D., St John's University, NY (March 2015)

Treatment of Transgendered Youth (March 2021)

Mac Brown Psy.D., University of Colorado at Boulder

Highly Sensitive Children Master Class (July 2019)

Elaine Aron Ph.D., Susan Stiffelman MFT & Alane Freund LMFT

Highly Sensitive Person Treatment Certification (March 2018)

CBT for Insomnia (CBT-I) Certification (October 2019) Gregg Jacobs, Ph.D.

Yoga with Children Training (2016) Yoga Life, Port Washington NY

ACT Supervision with Lisa Coyne, Ph.D. (monthly, July 2016 – December 2018)

ACT with Children (Christopher McCurry, Ph.D., November 2018)

The Thriving Adolescent: ACT with Teens (September 2016)

Professional training by Louise Hayes, Ph.D. Edison, NJ

ACT II: Intensive Clinical Skills Building (May 2016)

Professional training by Steven C. Hayes, Ph.D. Brooklyn, NY

Demystifying ACT Training (June 2015)

Professional training by D.J. Moran, Ph.D. Baldwin NY

Getting Into the Heart of ACT Workshop (February 2015)

Professional training by Mike Femenella, Ph.D. Albert Ellis Institute, NY

Acceptance & Commitment Therapy (ACT) Founders Bootcamp (October 2014)

Professional training at Drexel University, Philadelphia

Improving School Performance and Productivity in Students with ADHD (November 2014)
Professional training by Richard Gallagher, Ph.D. New York University School of Medicine

Trauma-Focused Cognitive Behavior Therapy Training Program (August 2006)
University of Medicine and Dentistry of New Jersey CARES Institute

Family Therapy Seminar (2005-2006)
Jonathan Samuels, Psy.D., Long Island Jewish Medical Center

Dialectical Behavior Therapy Training Seminar (September 2005)
Long Island Jewish Medical Center

Preventing & Managing Crisis Situations Training (September 2004)
Queens Children's Psychiatric Center

PROFESSIONAL PRESENTATIONS

Helping Your Anxious Child
North Shore SEPTA Meetings (May 2018; May 2020; January 2021; March 2023)
Port Washington SEPTA Meeting (February 2022)

ACT Treatment for Youth – Long Island Jewish Medical Center Psychology Trainee Seminar (May 2015)

CLINICAL SUPERVISOR EXPERIENCE

Director of Clinical Training, The Psychological Health Collaborative (2016 – Present)

CONTINUING EDUCATION TRAINING

Annual International OCD Foundation Conference (October 2021, 2022)

Association for Contextual and Behavioral Science World Conference (June 2021)

Annual Tourette's Association of America Virtual Conference (May 2020, 2021, 2022)

ACT Matrix: An Adaptable Application of Acceptance & Commitment Therapy
(August 2020)

Teens and the Times (May 2020)

An ACT Approach to Parental Burnout (May 2020)

Commit and Act: Stress, Burnout, and ACT-infused Yoga (May 2020)

DNA-V for Young People (September 2021)

Trauma-Focused ACT (March 2016)

Risk Management (June 2021)

Ten Things that Every OCD Therapist Should Know About Tic Disorders (May 2021)

Integrating ERP into ACT for Treatment of OCD (April 2021)

Best Practices for Working with LGBTQ Children & Youth (February 2021)

Bipolar and Related Disorders in Youth (February 2021)

Basics in Psychopharmacology (January 2020)

RESEARCH EXPERIENCE

St. John's University, NY with Ernest Hodges, Ph.D. (2003-2008)

- ▲ Conducted original research on the effects of parents, peers, and self-perceptions on adolescent adjustment using sample of 300 high school students.
- ▲ Coordinated *Factors Influencing Weapon Carrying Among Minority Youth* longitudinal research investigation funded by NICHD.

New York State Psychiatric Institute with Laurence Greenhill, M.D. (2001-2002)

- ▲ Interviewed adolescent participants in the *NIMH Multimodal Treatment Study of Children with ADHD (MTA)*. Conducted structured diagnostic interviews and brief intellectual assessments to determine participants' current symptomatology and range of functioning.
- ▲ Created and managed database for archival data on the *Adolescent Pathways to Mood Disorder* project in order to facilitate analyses of genetic links to suicidal behavior.

University of Maryland with Kenneth Rubin, Ph.D. (2000 – 2001)

- ▲ Recruited and interviewed child and parent participants for *NIMH Friendship and Transition to Middle School Project* to determine role of peer relationships as children move from elementary to middle school. Administered questionnaires in schools, conducted laboratory assessment sessions with child and parent participants, and entered data.
- ▲ Coded videotapes of children's free play using the Play Observation Scale on data from *Promoting the Peer-Related Social Competence of Young Children with Developmental Delays* research investigation. Performed 200+ hours of coding, trained new raters, and conducted inter-rater reliability checks.

Georgetown University with Sandra Calvert, Ph.D. (1998 – 2000)

- ▲ Administered experimental studies. Collected, coded, analyzed, and presented data for the Children and Media Project that examined the effects of educational programming on child audiences.

RESEARCH PUBLICATIONS AND PRESENTATIONS

- Shockey, E., Weissman, S.E., & Hodges, E.V.E. (2007, March). Maladaptive parenting, poor adjustment, and corrective peer experiences in adolescence. Poster session presented at the biennial meeting for the Society for Research in Child Development, Boston, MA.
- Greenhill, L.L., Shockey, E., & Mann, J.J. (2003). The neurobiology of suicide and depression in adolescents. *TEN: Trends in Evidence-Based Neuropsychiatry*, 5, 45-49.
- Greenhill, L.L., Shockey, E., Halperin, J., & March, J. (2003). Stimulants. In A. Tasman, J. Kay, & J. Lieberman (Eds.), *Psychiatry* (2nd ed., Vol. 1) (pp. 2062-2095). West Sussex, England: John Wiley & Sons.
- Greenhill, L.L., Vitiello, B., Riddle, M.A., Fisher, P., Shockey, E., March, J.S., et al. (2003). Review of safety assessment methods used in pediatric psychopharmacology. *Journal of the American Academy of Child and Adolescent Psychiatry*, 42, 627-633.
- Calvert, S.L., Kotler, J.A., Zehnder, S. & Shockey, E. (2003). Gender-stereotyping in children's reports about educational and informational television programs. *Media Psychology*, 5, 139-162.
- Calvert, S.L., Kotler, J., Murray, W., Gonzales, E., Savoye, K., Hammack, P., Weigert, S., Shockey, E., Paces, C. & Friedman, M. (2001). Children's online reports about educational and informational television programs. *Journal of Applied Developmental Psychology*, 22, 103-117. Reprinted in *Children in the digital age: Influences of electronic media on development*, pp. 165-182 by S.L. Calvert, A.B. Jordan & R.R. Cocking, Eds., 2002, Westport, CT: Praeger.
- Calvert, S.L., Kotler, J., Gonzales, E., Shockey, E., Hammar, M., Dyson, G., Jacobs, K., & Willard, K. (2000, August). *Lessons from children's television: Impact of the Children's Television Act*. Poster session presented at the American Psychological Association, Washington, D.C.
- Calvert, S.L., Kotler, J., Gonzales, E., Shockey, E., & Hammar, M. (2000, June). *Learning from children's educational television programming*. Paper presented at the International Communication Association, Acapulco, Mexico.
- Shockey, E., Calvert S., & Kotler, J. (2000, April). *Gender patterns in children's reports on educational and informational television programs*. Presentation of thesis at the Georgetown University Undergraduate Psychology Research Conference, Washington, D.C.
- Calvert, S.L., Hammack, P., Murray, W., Cawman, A., Cote, R., Page, D., Savoye, K., & Shockey, E. (1999, April). *Children's reports about educational television programs*. Paper presented at the biennial meeting for the Society for Research in Child Development, Albuquerque, NM.