

CURRICULUM VITAE
Olivia Nania Velting, Ph.D.

WORK ADDRESS: The Psychological Health Collaborative
1025 Northern Blvd, Suite 305
Roslyn, NY 11576

(646)645-1228

EDUCATION

1999	Ph.D.	State University of New York at Stony Brook (Clinical Psychology)
1996	M.A.	State University of New York at Stony Brook (Psychology)
1992	B.A.	Marquette University (Psychology, Magna cum Laude)

POSTDOCTORAL TRAINING

1999-2001 Postdoctoral Fellow in Clinical Psychology, Anxiety and Mood Clinical Research Service, New York University Child Study Center, NYU School of Medicine

ACADEMIC APPOINTMENTS

2005-present Adjunct Clinical Community Supervisor, C.W. Post Long Island University, Department of Psychology
2001-2005 Clinical Assistant Professor of Psychiatry, NYU School of Medicine

PROFESSIONAL LICENSURE

2000-present New York State, Licensed Psychologist (# 014621-1)

PROFESSIONAL AFFILIATIONS

Association for the Behavioral and Cognitive Therapies (Member)
American Psychological Association (Member)
Association for Contextual Behavioral Science (Member)

ACADEMIC AND PROFESSIONAL HONORS

1992- Phi Beta Kappa, Marquette University
1992- Alpha Sigma Nu national Jesuit honor society, Marquette University
1991- Psi Chi psychology national honor society, Marquette University
1995, 1997 Graduate Student Travel Grants, SUNY at Stony Brook
1995 Departmental Advisory Committee - Graduate Student Representative

RESEARCH EXPERIENCE

September 1999 to April 2004

Project Director, Anxiety and Mood Disorder Clinical Research Service, NYU Child Study Center; Anne Marie Albano, Ph.D., Director
Responsible for all aspects of database management for the service, including supervision of data entry, reliability, and database maintenance. As senior Post Doc, primary responsibility was to work with Dr. Albano in designing research questions and preparing manuscripts and presentations based on the service database.

June 2002 to April 2004

Cognitive Behavioral Therapist, Child/Adolescent Anxiety Multimodal Treatment Study, NYU Child Study Center, Anne Marie Albano, Ph.D., Site PI
Serve as one site's cognitive behavioral therapist and CBT supervisor in a multi-site randomized trial to study the effectiveness of four treatments in 7-16-year-olds with DSM-IV diagnoses of separation anxiety, social anxiety and/or generalized anxiety disorder. Provide 12-weeks of therapy and 6 months of maintenance therapy using a manualized CBT protocol.

March 2000 to April 2004

Independent Evaluator/Independent Evaluator Supervisor, Treatment for Adolescents with Depression Study, NYU Child Study Center; Anne Marie Albano, Ph.D., Site PI
Serve as one site's independent evaluator and supervisor of independent evaluators in a multi-site randomized trial to study the effectiveness of four treatments in adolescents with a DSM-IV diagnosis of major depression. Administer structured diagnostic interviews and measures (including K-SADS, CDRS, CGI, CGAS, and HoNOSCA) to determine adolescents' eligibility for the study and re-evaluate status throughout study.

Summer 2000 to Spring 2004

Independent Evaluator, NYU Child Study Center; Anne Marie Albano, Ph.D., Site PI
Serve as independent evaluator on two industry-funded trials for medication treatment of Generalized Anxiety Disorder and Social Anxiety Disorder in children and adolescents. Administer structured diagnostic interviews (i.e., K-SADS, ADIS-IV) to determine youth's eligibility for the study and re-evaluate status throughout study.

Fall 1998 to Summer 1999

Research Associate, Preventing Anxiety and Depression in Youth (PANDY) project WSU School of Professional Psychology; Robert Friedberg Ph.D., Project Director
Conducted follow-up research evaluating the preliminary results of a clinic- and school-based cognitive therapy intervention aimed at preventing anxiety and depression in children at-risk for developing the disorders.

Fall 1993 to Summer 1997

Research Associate, Stony Brook Reading and Language Project, State University of New York at Stony Brook; Grover J. Whitehurst, Ph.D., Project Director
Supervised and trained graduate and undergraduate research assistants; coordinated follow-up data collection; provided dialogic reading training to Head Start parents and teachers; administered and scored reading, language and behavior evaluations; entered and analyzed data.

Fall 1991 to Spring 1992

Research Assistant, Project Decide, Marquette University; Marvin Berkowitz, Ph.D., Project Director

In a project exploring moral reasoning in adolescent decisions to use or not use drugs, interviewed adolescents using Kohlberg's moral judgment interviews; administered a card sort task of drug use domains, a substance use survey, and a personal coping questionnaire.

EDITORIAL EXPERIENCE

January 2002 to January 2005 - Editorial board, Cognitive and Behavioral Practice

January 2000 to January 2002 - Editorial Assistant, Cognitive and Behavioral Practice

AD HOC REVIEWER

Journal of Clinical Child Psychology
Psychological Assessment

CLINICAL EXPERIENCE

September 2005 to Present

- ◆ Independent clinical practice:
Provide individual cognitive behavioral assessments & treatments to children, adolescents, & adults with various psychological disorders.

September 1999 to August 2005

New York University Child Study Center

- ◆ Long Island Campus (October 2003 to August 2005):
Provide individual cognitive behavioral assessments & treatments to children, adolescents, & adults with various psychological disorders.
- ◆ Anxiety & Mood Disorders Clinical Research Service (Sept. 1999 to April 2004):
Provide assessment & individual/group empirically tested cognitive behavioral treatments to children, adolescents & young adults with anxiety & mood disorders.
- ◆ Furman Diagnostic Service (September 1999 to August 2005):
Conduct diagnostic psychiatric interviews with children, adolescents and parents, and provide feedback and treatment recommendations.

September 1998 to August 1999

Wright State University School of Professional Psychology, Predoctoral Internship Training Program, APA Accredited

- ◆ Children's Medical Center of Dayton:
As an intern, provided a range of diagnostic and individual, family, and group therapy services for children and adolescents who have general emotional and/or medically related adjustment problems. Consulted on various multidisciplinary teams.
- ◆ Ellis Human Development Institute:
 - ◆ General Practice Clinic: As an intern, provided outpatient psychotherapy and assessments to adults, children, and families from economically disadvantaged backgrounds. Supervised graduate student providers of similar services.
 - ◆ PANDY project: Co-led a school-based cognitive therapy intervention for children 8-11 years of age who are at-risk for developing anxiety and depression.

September 1994 to July 1997

Psychological Center, State University of New York at Stony Brook

Provided psychotherapy to children, families and adults from the community on an outpatient basis. Utilized cognitive behavioral and interpersonal frameworks for conceptualizing cases and designing treatments. Administered full psychoeducational batteries to children for assessments of learning disabilities and psychiatric diagnoses.

January 1996 to May 1997

Division of Child and Adolescent Psychiatry, Department of Psychiatry and Behavioral Science, State University of New York at Stony Brook

Participated in a team approach to assessment of adult patients with developmental disabilities, involving extensive intake interviews and follow-up visits. Provided individual psychotherapy for children with developmental disabilities and psychiatric disorders.

January 1997 to June 1997

University Counseling Center, State University of New York at Stony Brook

Provided individual psychotherapy to college students on an outpatient basis. Utilized psychodynamic and interpersonal frameworks.

September 1993 to June 1997

Stony Brook Reading & Language Project, State University of New York at Stony Brook

Conducted reading, language, and behavioral assessments of children attending Head Start centers and elementary schools.

Spring 1996, 1997

Three Village School District, Stony Brook, NY

Administered the Wechsler Intelligence Scale for Children-III to children in the second through fifth grades as part of screening for the district's gifted and talented program.

August to November 1994

Neurology Department, University Hospital, Stony Brook, NY

Administered neuropsychological assessment batteries to patients diagnosed with Lyme's Disease or EMS. Received supervised training and administered the Structured Clinical Interview for DSM (SCID) with each test battery.

CLINICAL SUPERVISOR EXPERIENCE

Fall 2005 to Present

C.W. Post Long Island University, Brookville, NY

Using a cognitive behavioral framework, individually supervise graduate students in the doctorate of psychology program on their child therapy cases at the Psychological Services Center.

Fall 2001 to Spring 2003

New York University Child Study Center, New York, NY

Individually supervised interns in the NYU-Bellevue Clinical Internship program. Participated in group peer supervision sessions with psychologists, psychiatrists & social workers in the Anxiety & Mood Disorders Clinical Research Service.

Fall 1998 to Spring 1999

School of Professional Psychology, Wright State University, Dayton, OH

Supervised graduate students in the Clinical Psychology doctoral program.

TEACHING EXPERIENCE

- Co-Instructor: School of Professional Psychology, Wright State University
Cognitive Assessment Laboratory (Winter 1999)
- Instructor: Department of Psychological Science, Ball State University
Theories of Personality (Fall 1997)
Department of Psychology, SUNY at Stony Brook
Survey of Developmental Psychology (Summer 1996)
- Teaching Assistant: Department of Psychology, SUNY at Stony Brook
Survey of Developmental Psychology (Spring 1997)
Human Learning and Instruction (Fall 1995)
- Panel Member: Doctoral Program in Clinical Psychology, C.W. Post LIU
Panel member for doctoral students' Comprehensive Clinical
Examinations (2006-present)
School of Professional Psychology, Wright State University
Panel member for two doctoral students' Comprehensive Clinical
Examinations (Spring 1999)

PUBLICATIONS

Velting, O. N., Setzer, N. J., & Albano, A. M. (2004) Update and Advances in the Diagnosis and Treatment of Anxiety Disorders in Children. Professional Psychology: Research and Practice, 35, 42-54.

Velting, O. N., Setzer, N. J., & Albano, A. M. (2002). Anxiety Disorders. Chapter in D. T. Marsh & M. Fristad, eds. Handbook of Serious Emotional Disturbance. New York: Wiley.

Friedberg, R., McClure, J., Wilding, L., Velting, O., Rambaldo, L., Price, D., Monford, T., Swain, J., & Crosby, L. (2002). Research Frontiers: School-Based Intervention for Anxiety and Depression. Cognitive Therapy, 3, 3.

Velting, O. N., & Albano, A. M. (2001). Current Trends in the Understanding and Treatment of Social Phobia in Youth. Journal of Child Psychology and Psychiatry and Allied Disciplines, 42, 127-140.

Whitehurst, G. J., Zevenbergen, A. A., Crone, D. A., Schultz, M. D., Velting, O. N., & Fischel, J. E. (1999). Outcomes of an emergent literacy intervention from Head Start through second grade. Journal of Educational Psychology, 91, 261-272.

Velting, O. N., & Whitehurst, G. J. (1997). Inattention-hyperactivity and reading achievement in children from low-income families: A longitudinal model. Journal of Abnormal Child Psychology, 25, 321-331.

Zevenbergen, A. A., Whitehurst, G. J., Payne, A. C., Crone, D. A., Hiscott, M. D., Nania, O. C., & Fischel, J. E. (1997). Outcomes of an emergent literacy intervention in Head Start homes and classrooms. NHSA Research Quarterly, 1, 137-147.

PAPER PRESENTATIONS

Velting, O. N. & Slattery, M. J. (Co-chairs). Clinical Assessment of Anxiety Disorders in Youth. Symposium presented at the Anxiety Disorders Association of America 22nd National Conference, March 2002, Austin, TX.

Slattery, M. J. & Velting, O. N. (Co-chairs). Treatment Approaches to Anxiety Disorders in Youth. Symposium presented at the Anxiety Disorders Association of America 22nd National Conference, March 2002, Austin, TX.

Velting, O.N. & Setzer, N. J. (2001, November). Cognitive Behavioral Group Therapy for Children with Anxiety Disorders and Their Parents: Practical Issues and Pilot Study Results. Poster presented at the 35th Annual Meeting of the Association for the Advancement of Behavior Therapy. Philadelphia, PA.

Velting, O. N., & Albano, A. M. (2001, March). Clinical Correlates of Social Phobia in Children and Adolescents: Comorbid DSM-IV Diagnoses in a Clinical Sample. Paper presented at the Anxiety Disorders Association of America 21st National Conference. Atlanta, GA.

Velting, O. N., Greenberger, C., DePace, A. N., & Albano, A. M. (2000, November). A Comparison of the Domains of Social Fears of Middle School Children with Minimal, Subclinical and Clinical Levels of Social Anxiety. Poster presented at the 34th Annual Meeting of the Association for the Advancement of Behavior Therapy. New Orleans, LA.

Friedberg, R. D., Goldman, M., Wilding, L., Bhalla, S., Rambaldo, L., Price, D., McClure, J., Velting, O., & Friedberg, B. (2000, November). Relationship Between Satisfaction Ratings and Self-Reported Anxious and Depressed Symptoms in Children Completing a Brief Cognitive-Behavioral School-Based Group Intervention. Poster presented at the 34th Annual Meeting of the Association for the Advancement of Behavior Therapy. New Orleans, LA.

Velting, D. M., & Velting, O. N. (1999, November). Self-Reported Negative Mood Regulation Strategies of Adolescents with Externalizing Behavior Disorders. Poster presented at the 33rd Annual Meeting of the Association for the Advancement of Behavior Therapy. Toronto, Canada.

Velting, O. N. (1999, April). A Longitudinal Study of the Origins and Developmental Paths of Reading and Hyperactivity-Inattention in Early Elementary School. Paper presented at The Society for Research in Child Development Biennial Meeting. Albuquerque, NM.

Velting, O. N. (1997, April). Exploring the Preschool Hyperactivity and Elementary School Reading Achievement Link Using A Longitudinal Model. Poster presented at The Society for Research in Child Development Biennial Meeting. Washington, D. C.

Velting, O. N., & Rhoades, K. E. (1997, April). Teacher Ratings of Hyperactivity in Children from Low-Income Backgrounds: Does School SES Make a Difference? Poster presented at The Society for Research in Child Development Biennial Meeting. Washington, D.C.

Nania, O. C., & Whitehurst, G. J. (1996, August). Exploring the Relationship between Hyperactivity and Reading Achievement. Poster presented at the 104th Annual Convention of the American Psychological Association. Toronto, Ontario, Canada.

Nania, O. C. (1996, June). Exploring the Relationship between Hyperactivity and Prereading Skills: Surprising Results with Low-Income Preschoolers. Poster presented at Head Start's Third National Research Conference. Washington, D. C.

Nania, O. C., Zevenbergen, A. A., & Whitehurst, G. J. (1996, June). An Emergent Literacy Curriculum for Head Start. Poster/Paper presented at Head Start's Third National Research Conference. Washington, D. C.

Zevenbergen, A. A., Payne, A. C., Crone, D. A., Hiscott, M., Nania, O. C., & Fischel, J. E. (1995, April). Outcomes of an emergent literacy intervention in Head Start homes and classrooms. Paper presented at the National Head Start Association Training Conference. Washington, D. C.

Nania, O. C., & Hiscott, M. D. (1995, March). Preschool Teachers' Ratings of Children's Language Abilities as Predictors of First Grade Reading and Spelling Skills. Poster presented at The Society for Research in Child Development's Biennial Meeting. Indianapolis, IN.

Whitehurst, G. J., Fischel, J. E., Crone, D. A., & Nania, O. C. (1995, March). First Year Outcomes of a Clinical Trial of an Emergent Literacy Intervention in Head Start Homes and Classrooms. Paper presented at The Society for Research in Child Development's Biennial Meeting. Indianapolis, IN.

PROFESSIONAL WORKSHOP PRESENTATION

Albano, A. M., & Velting, O. N. (2000, November). Cognitive Behavioral Treatment of Social Anxiety in Adolescents and Young Adults: Making Healthy Developmental Transitions. Workshop presented at the 34th Annual Meeting of the Association for the Advancement of Behavior Therapy. New Orleans, LA.

OTHER PROFESSIONAL PRESENTATIONS

Pathways to Positive Parenting. (2007, December). With Francine Mendelowitz, LCSW. Lecture presented to Parent Teachers Association of William S. Covert Elementary School, Rockville Centre, NY.

Cognitive Behavioral Therapy for Anxious Children and Adolescents. (2007, January). Lecture presented to doctoral students, C. W. Post Long Island University Psychology Department, Roslyn Heights, NY.

Anxiety Disorders in Youth. (2004, February). Outreach presentation to school psychologists, social workers and administration, NYU Child Study Center Long Island Campus, Lake Success, NY.

Cognitive Behavioral Assessment and Treatment of Youth. (2003, Spring). Lecture series presented to clinical staff at the Boys and Girls Harbor of Harlem, New York, NY.

Cognitive Behavioral Therapy of Anxiety in Youth. (2002, May). Lecture presented to visiting mental health professionals, NYU Child Study Center, New York, NY.

Assessment and Treatment for Children with School Refusal Behavior. (2001, November). With N. Setzer, workshop presented to the Committee on Special Education, New York City School District 14.

Anxiety Disorders in Children & Adolescents. (2000, November). With R. Gallagher, workshop presented to the Committee on Special Education, New York City School District 31.

Strategies for Teachers and Parents for Managing Anxiety in School-Aged Children. (2000, January). Lecture presented to the Parent-Teachers Association of Thornwood, NY.

Detecting Depression in Youth. (1999, March). With J. McClure, lecture presented to the Parent-Teachers Association, Dayton Public Schools, Dayton, OH.